

The Heat Exchange

Progress ruins everything, but what else is there?

The Heat Exchange bridge the gap between indie and classic rock, delivering high energy material with a dissonant blues groove. Think Built to Spill, Ted Leo and the Pharmacists, The Black Keys, and The White Stripes and mix in some Hendrix, Cream and Zeppelin and you're getting close.

Their self-released debut full-length CD, **Progress ruins everything, but what else is there?**, is a dynamic rocker that delves into politics, religion and introspection - balanced by self-deprecating humor and lively wordplay.

Sliding chordal rhythms backed by driving bass and drums form the foundation for elements of dirty rock, blues, playful romps, and unabashed pop interspersed with searing guitar solos and instrumental breakdowns.

The Heat Exchange hail from Seattle, WA and currently perform in the Pacific NW. Please check our website for current show dates.



(l-r) Keith Reimer, Matt Evans, Chris McGann

Go To Tracks:

- Edith Came Quickly
- Force of Nature
- NAMSAC*
- Winter Lemmings
- Ancient Texts



Track Listing:

1. Ancient Texts
2. Force of Nature
3. Edith Came Quickly
4. NAMSAC (No-one Appreciates My Smart-Ass Commentary)
5. Plotting & Prancing
6. Thirsting
7. Winter Lemmings
8. Majority Rules
9. Well Connected
10. The Aesthetic of Tall Buildings
11. Layman's Lament

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* NAMSAC is the only track containing anything remotely resembling something the FCC could conceivably construe as profanity. The word "smart-ass" in the title and chorus is the only possible area of concern.